

Agreement

This agreement is made between the **STRENFLEX® Sports Organisation** and the following Gym or Organisation, hereinafter referred to as **STRENFLEX® Fitness Test Center (STC)**, or independent Personal Trainer (PT) or an individual person (IP) etc., hereinafter also referred to as **STRENFLEX® Personal Examiner (SPE)**.

.....
STC or SPE name

.....
contact person

.....
post address (street, zip code, city)

.....
telephone

.....
fax

.....
e-mail

.....
website

1 General

- 1.1 The STC pays an annual subscription of € 120 (CHF 180) to the STRENFLEX® Sports Organisation. The annual subscription paid by the STC also includes membership for one SPE. For each extra SPE employed at the STC (e.g. at gym chains), the STC pays an annual membership fee of € 60 (CHF 90). The annual membership fee for PT is € 90 (CHF 120) and for an individual, € 70 (CHF 105). The term is 12 months, the annual fee is to be paid in advance and is automatically extended unless the agreement is cancelled at least 6 weeks prior to the end of the 12 month contract term by registered post.
 - 1.1.1 At least one employee of the new STC must participate in a STRENFLEX® Fitness Test Workshop (STW) (see section 3.1). After completion of that workshop the delegate will receive certification as a STRENFLEX® Personal Examiner (SPE). The SPE must successfully complete the fitness test during the workshop and achieve the Bronze Sport badge. The STC is then entitled to conduct the STRENFLEX® Fitness test. The first STRENFLEX® Fitness Test is free for all.
 - 1.1.2 Once the training course has been completed, the STC will be STRENFLEX® certified for a period of one year. In order to ensure that the standards required of an STC are maintained, the SPE responsible for STRENFLEX® must repeat the fitness test: Bronze - annually, Silver – every 2 years, Gold – every 3 years (applies to all SPEs).
 - 1.1.3 If in addition, the STC wants to organise championships then at least one STC employee must be trained to be an official STRENFLEX® judge (SJG) (see section 3.3).
- 1.2 The STC undertakes to affix the official STRENFLEX® sticker in the reception area.
- 1.3 The STRENFLEX® Sports Organisation will publish the logo, address and contact details of the STC / SPE on the official STRENFLEX® www.strenflex.org website.
- 1.4 Once the membership fee has been paid, the SPE receives free access to the official website and to the logos, Fitness test images, Fitness test results, competition rules, championship results, photos etc. The rectangular STRENFLEX® logo may be used for own printed matter. The STRENFLEX® trade mark shall remain protected at all times, i.e. it may not be altered in any way and may only be used in accordance with STRENFLEX® guidelines. The logo may only be used for as long as the STC/SPE remains certified by STRENFLEX®.
- 1.5 STC/SPE may download and print from the STRENFLEX® website various documentation such as the 2 page and 1 page images for the FITNESS-TEST and BASIC TEST, certificates, the 35 page MASTER rules plus 2 image pages, the OPEN rules with 1 image page for the OPEN championships.
- 1.6 STC/SPE may publish their own STRENFLEX® events (Fitness Test Days, Gym championships, etc.) on the STRENFLEX® website.
- 1.7 STC/SPE may also link their own website to the Strenflex website.

2 Events

- 2.1 The STC shall be entitled to award the STRENFLEX® Fitness Sports Badge. The fitness test may only be carried out under the supervision of a STRENFLEX® Personal Examiner (SPE) and is free for all participants from age 12, including test certificate. STC/SPE may create and print out the certificates free of charge via their password protected access to the STRENFLEX® website.
- 2.2 In addition, STRENFLEX® Fitness Sports Badges may be sold to successful test candidates for € 15 (CHF 22.50) each (optional). Of this, € 5 (CHF 7.50) goes to the STC and € 10 (CHF 15) to the STRENFLEX® Sports Organisation.
- 2.3 STCs that offer additional gym championships based on STRENFLEX® guidelines must conduct these in the presence of an officially trained STRENFLEX® referee (SJG).

- 2.4 Should STC not have its own STRENFLEX® referee for the Gym Championship, then STRENFLEX® will provide a chief referee at the STC’s expense. Furthermore STRENFLEX® will provide the scoresheets and announce the event on its website.
- 2.5 Gym members that enter a STRENFLEX® Championship after they have competed in a Gym Championship must be members of the STRENFLEX® Sport Organisation. Annual membership fees are € 60 (CHF 90) and membership is automatically extended for a further year once payment of the next annual subscription has been received. There is no period of notice for association members. Entry fee for STRENFLEX® members per championship is € 60 (CHF 90).
- 2.6 When five STC athletes have registered to participate in a championship the STC undertakes to provide a trained STRENFLEX® Judge (SJG) as well.

3 Training

- 3.1 The STRENFLEX® Fitness Test Center (STC) may send one or more trainers to the STW collective group training course at the STC’s expense so that they become SPE trainers, able to provide potential clients with comprehensive information on STRENFLEX® and conduct official fitness tests. The course fee payable for one group course STW (duration approx. 6-8 hours, 12 participants max. and 3 people max. per gym) is € 150 (CHF 225) per person. If an STC training course is held at the STC’s own premises, any extra costs incurred for accommodation, meals, petrol, train or plane tickets will be invoiced. A digital metronome for conducting the cardio tests may be ordered at cost price of € 19 (CHF 29) from STRENFLEX®. At least one STC employee must be a licensed STRENFLEX® Personal Examiner (SPE) who will also be trained in the use of the STRENFLEX® Internet software in order to ensure a smooth process from logging the fitness test participants through printing the official STRENFLEX® fitness test certificate (including STC logo). STRENFLEX® reserves the right to request submission of pertinent industry specific training diplomas from the course delegates.
- 3.2 When conducting the STRENFLEX® fitness tests at the STC the STRENFLEX® Championship Set (SCS) is not mandatory but recommended. STC/SPE may order this Set at € 495 (CHF 695), plus freight, less 25% resale discount. STC/SPE may also officially resell the SCS equipment and opt to order more at the same conditions during the term.
- 3.3 The training course for STRENFLEX® Judges (SJG) lasts 2 days, with a fee of € 250 (CHF 375) per person. If an in-house training course is held, any extra costs incurred for accommodation, meals, petrol, train or plane tickets will be invoiced.

4 General conditions

- 4.1 VAT must be added to resold goods.
- 4.2 Rights arising from this agreement are not transferable.
- 4.3 The STC concept shall be considered an integral part of this agreement.
- 4.4 Place of jurisdiction is Zurich, Switzerland.

STRENFLEX® STC/SPE

STRENFLEX® Sports Organisation

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Place, date

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Place, date

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Authorised signature

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Authorised signature

